

Behaviour Support Practitioner



Sapphire

Supporting growth takes more than strategies – it takes compassion, connection, and care for the whole person.

Qualifications

- Psychology (Honours)
- Currently completing Master of Psychotherapy and Counselling

Strengthening Families, Growing Futures.

Sapphire brings over eight years' experience supporting people with behaviours of concern, including work in out-of-home care, Aboriginal foster care, and NDIS behaviour support. She takes a whole-person view, using practical mind-body techniques to help manage trauma and build resilience. Passionate about families, she focuses on creating growth, connection, and thriving together. Outside of work, Sapphire enjoys time with her young children, reading with her book club, and baking.



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Registered
NDIS Provider