

## Support Coordination Psychosocial Recovery Coaching



**Sophie**

### **Culturally Safe & Person-Centred**

Sophie brings over a decade of community services experience and is passionate about helping people feel valued, connected, and genuinely supported to achieve their goals.

## **Building Connection and Confidence.**

Sophie brings a calm, down-to-earth approach and values building trust so participants feel heard, respected and supported. As an Aboriginal woman, cultural understanding and culturally safe practice are important parts of her work.

She is passionate about helping people navigate the NDIS with confidence. She believes the best outcomes come from authentic relationships, practical support, and meeting people where they're at.



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Registered  
NDIS Provider