

NDIS Mental Health Support Worker



Ruby

Ruby is a compassionate and adaptable Support Worker with over five years of experience supporting participants with a diverse range of needs. She is passionate about individualised support and always approaches her work with a calm, accepting and non-judgemental attitude. Ruby enjoys supporting participants with daily living tasks such as meal planning, shopping, cooking and attending appointments, while also encouraging them to explore their interests, socialise, travel and work towards their goals.

With a background in hospitality, Ruby is an avid cook and enjoys organising activities for individuals and groups. She is currently completing Open Foundation with the goal of studying Occupational Therapy, reflecting her passion for helping people build confidence and independence. Ruby also has a Cavoodle named Ellie, who she can bring to support shifts when requested. Her warm, flexible approach allows her to build genuine connections and help participants feel comfortable, confident and empowered.



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