

Art Therapist



Kristina

Kristina is passionate about improving physical, mental and emotional wellbeing with the therapeutic use of artmaking. She has worked in the mental health and disability sector for the last six years.

Kristina works within a trauma-informed and strengths-based framework to support individuals to achieve their goals and live their best lives. Creative Arts Therapy is suitable for people of all ages, abilities and skill levels.

Qualifications:

Masters in Art Therapy - Distinction
Bachelor of Arts (Graphic Design)
Advanced Diploma Transpersonal Art Therapy
Cert III Individual Support



0400 315 514



info@journe.com.au